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## EuroSTAR



Trudeau brings calming message to EU amid Trump anxiety  
**metroNEWS**

Your essential daily news | WEEKEND, FEBRUARY 17-20 2017

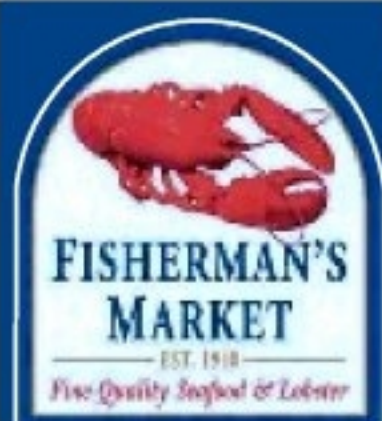
High -1°C/Low -6°C Cloudy  

After assisting on a goal by Pittsburgh Penguins' Chris Kunitz, Sidney Crosby celebrates the 1,000th point of his NHL career with Jake Guentzel against the Winnipeg Jets in Pittsburgh, Thursday. THE ASSOCIATED PRESS



# THAT'S OUR KID

Sidney Crosby reaches 1,000-point plateau in NHL **metroNEWS**



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## Get a shovel and get to work

### Why the people of Halifax should be clearing snow

HALIFAX MATTERS

Tristan Cleveland



I was a real jerk in Grade 7. A teacher asked me to clean up a mess I had made in the cafeteria, and I said, "But that's the janitor's job."

Well, the teacher told me what was what and I never made that mistake again. Good riddance, right? And yet, this is what I hear Halifaxians say about shovelling the sidewalk: "That's the city's job. I pay taxes so they will clear it."

Like everyone, it frustrates me that we pay so much for snow clearing yet it is still so ineffective. But which matters more: The fact that the city "should" clear the sidewalks? Or that elderly and disabled people are trapped inside their homes right now?

No amount of paying taxes abrogates our duty as citizens to chip in when our city needs us. It's the school's job to educate our kids, but when they get home, we still have to help them with their homework. It's the hospital's job to keep us healthy, but it's still up to us to eat a few greens and walk once in awhile.



Pedestrians traverse snow covered sidewalks on Barrington Street in Halifax earlier this week. METRO FILE

If everyone's contribution started and ended with a tax payment in April, our city would suck. Taxes provide some support for sports, music, dance, community space and gardens, but it is only because volunteers take that support and run much further with it that exciting things happen here.

When fundraising or looking for volunteers, it doesn't seem right to me that you

often have to talk to people like they are saints just to get a small contribution. Each of us only enjoy great festivals and culture because other people work their butts off without pay. For those who are able, giving \$20 or a few free hours is actually the least you can do.

People who volunteer have been found to be, on average, happier, and shovelling snow in the morning gives me in-

sight on why that is. It's the only time I can consistently chat with my neighbours and feel like we share a neighbourhood. Worthwhile work is a source of joy.

In all this, secular people (like myself) have something to learn from churchgoers. While the rest of us talk about our rights and conveniently forget to mention responsibilities, religious leaders have the ability to tell

their congregation that they are expected to contribute. As a result, religious people have much higher rates of volunteerism—and they are better off for it.

Let's not forget what the poster said in 1917: "We Shall Never Rebuild Halifax Unless Everybody Works." That's our history, our culture.

So get out there and help your city. You can start with a snow shovel.

### + CITY CREWS

**Haley Ryan**  
Metro | Halifax

#### City says efforts are 'around the clock'

The city says winter operations crews are working "around the clock" to clear streets and sidewalks in the wake of two storms that brought close to 80 centimetres of snow to the Halifax region. Crews continued clearing operations overnight and Thursday morning to handle the 15 to 20 centimetres of fresh snow that fell during a 12-hour period.

Due to the "exceptional" weather event the province had earlier this week, regular service timelines will not be met.

It is expected that it will take another 10 to 12 days before sidewalks can be fully accessible in all areas, with a priority on those near schools, transit routes and commercial districts.

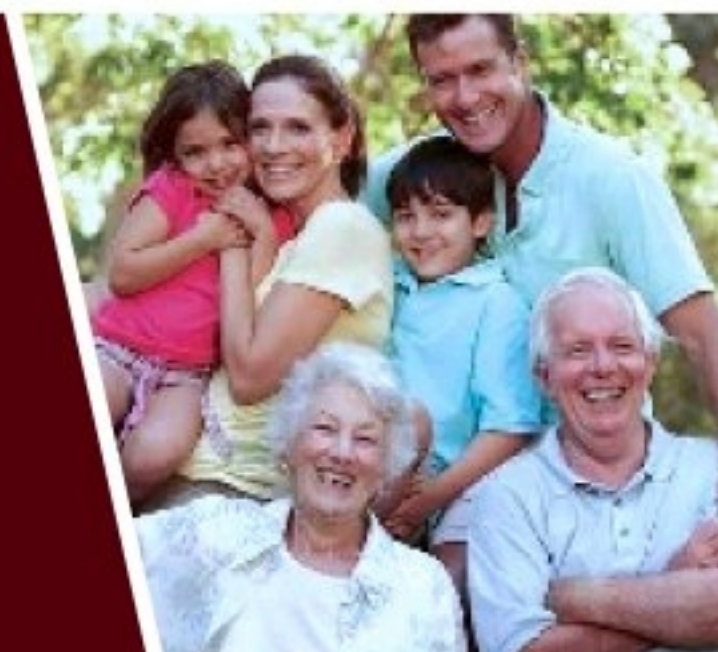
Snow removal at bus stops will also continue Thursday night, but progress has been slowed by the large amount of snow and ongoing street and sidewalk clearing operations.



## KIDS EAT FREE AT OUR HOUSE ON FAMILY DAY!

### Monday, February 20th

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# Five things to do this long weekend

Snow Days, dream catchers, music and more

YVETTE D'ENTREMONT METRO

## 1. Sackville Snow Days

Make the most of all this snow and participate in this annual family-friendly community winter festival. Choose from a range of activities, including a snowman contest, skating, snowshoeing, sledding party, a pancake breakfast and a parade. Full schedule of events, including several indoor activities, at [sackvillebusiness.com/snowdays](http://sackvillebusiness.com/snowdays)

## 2. Dream Catcher Workshop

Learn about the history and importance of traditional Mi'kmaq dream catchers and make one. This event is hosted by the Mi'maw Native Friendship Centre at the Halifax Seaport Farmers Market on Sunday from 1 p.m. to 2 p.m. The \$10 cost includes supplies. Space is limited so RSVP via email, [welcome@halifaxfarmersmarket.com](mailto:welcome@halifaxfarmersmarket.com)

## 3. Rhythms of Life

A live musical documentary created by the Moja Makani Band and Pamela Halstead, with narration by Troy Adams. Presented by the Delmore 'Buddy' Daye Learning Institute and the Canadian Museum of Immigration at Pier 21, the thought-provoking show is suitable for all ages. Cost is included with museum admission. The show takes place Saturday from 1 p.m. to 3 p.m.



Embracing winter at Ski Martock in this file photo from 2016. JEFF HARPER/METRO FILE

## 4. Carved Pottery

All skill levels invited to participate in this workshop with artist Rachel Morouney. She'll demonstrate her technique for creating intricate hand-carved designs onto three-dimensional pieces. Then carve your own design onto a leather-hard stoneware cylinder. Hosted by the Nova Scotia Centre for Craft & Design, the event runs Saturday from 9:30 a.m. to 2:30 p.m. with a storm date of Feb. 25. Charges are \$95 for hands-on participation, \$25 for gallery tour and demo observation only.

## 5. Ski, skate, snowshoe, sled

Whether you hit the slopes, the Oval or Citadel Hill for some sliding, Mother Nature delivered a lot of white stuff just in time for this family day long weekend. The best cure for cabin fever is to make the most of the great outdoors. Spring is officially just about one month away!

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# Educators speak against bill

BILL 75

## Teachers say contract will hurt students the most

Nova Scotia teachers testified Thursday that classroom problems ranging from student violence to the neglect of students with learning disabilities will worsen if the Liberal government pushes through a bill that imposes a collective agreement.

High school science teacher Timothy MacLeod told the law amendments committee that he has up to 30 students with vastly differing abilities crammed into an aging lab designed to hold about 20 students, performing experiments with obsolete equipment. He said if he and other teachers at Millwood High School in Halifax had more time, they may have been able to help prevent suicides or a high-profile case where two students were arrested for allegedly transporting weapons in a duffle bag early last year.

"The rise in student mental illness issues is overwhelming



Students and parents protest outside the legislature in Halifax on Monday, Dec. 5, 2016. Nova Scotia teachers testified Thursday that classroom problems will worsen if the Liberal government pushes through a bill that imposes a collective agreement. THE CANADIAN PRESS

teachers. Where are the supports for these most vulnerable of our students?" he asked, his voice breaking as he told politicians about helping his pupils cope with the grief of losing a classmate to suicide.

MacLeod and other presenters argued the four-year contract be-

ing imposed on teachers fails to address deteriorating classroom conditions.

"This legislation attacks the collective rights of workers. This will lead to a court challenge that will cost millions in taxpayers dollars. Money that could go into classrooms, my classroom,"

he said.

The government's imposed contract would include creation of a council that will invest \$20 million over two years to address classroom conditions. However, unionists like MacLeod have argued this will be ineffective because the teachers' union will

have little input into the process.

Premier Stephen McNeil has said his governing Liberals have tried to negotiate an agreement with the teachers over the past 16 months, and continuing negotiations simply permits ongoing disruption in the classroom. In a speech Wednesday to the Chamber of Commerce, McNeil described the need to maintain a balanced budget.

Cherie Abriel, a resource teacher at a junior high school in Bible Hill, N.S., told the committee McNeil's arguments are unconvincing at a time when basic services to students with learning disabilities aren't being met.

"Many of them need life skills support, social skills support. I have students in my classes who masturbate," she said, adding she has difficulty finding time to come up with plans to help alter behaviour problems.

"We have no special education classroom in our school. There's no teaching program to help with those students. As a teacher focused on literacy and learning, I'm suddenly focused on life skills for these students, some of whom are non-verbal and some who are blind."

THE CANADIAN PRESS

UNION

## Historic strike, all night



Jordan Omstead  
For Metro | Halifax

Nova Scotia teachers are pulling an all-nighter in their first-ever strike.

Members of the Nova Scotia Teachers Union will protest in shifts outside the Province House beginning at 7 p.m. on Thursday, through the night, and until Friday afternoon.

Friday will mark the first teachers' strike in the history of the province, and members from around N.S. were called on to come to the legislature in a show of support. Union leaders called for the one-day walkout after the Liberal government moved to impose a four-year contract on teachers with a new bill.

Bill 75 would end the work-to-rule campaign, which began on Dec. 5, and limit teachers' ability to pursue similar job action in the future.

The law amendments committee was set to hear suggestions to the bill until 8 p.m. on Thursday.

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## TEACHERS

## Fate of Acadian Games 'in limbo'

Among the people who could be affected by the labour situation with Nova Scotia's teachers are the many athletes hoping to take part in Nova Scotia's Jeux de l'Acadie.

The Acadian Games for the province are scheduled to be held in Clare on the third weekend in May, but the fate of this year's games is uncertain because of what's going on with the teachers and if aspects of work to rule — including not volunteering for extras — continue as the school year goes on.

Odette Gaudet, president of the local organizing committee in Clare, said the games likely would bring in about 1,000 people all told, including athletes, coaches, volunteers and the like.

Teachers are heavily involved in the games as coaches and volunteers and, as of mid-February — as legislation to impose a contract on teachers was being debated in the

legislature — a spokesman for Nova Scotia's Acadian Games said the status of this year's games remained uncertain.

"Since a large portion of our volunteers are teachers and many are a part of the organizing committee, the committee has decided to make a final decision on Feb. 28," said Chris Frotten, speaking on behalf of Nova Scotia's Comité Provincial des Jeux de l'Acadie.

Frotten was vice-president of the provincial committee, but he stepped in as president after Angie Aucoin, who had been president, stepped away from the position because she is a teacher.

Said Frotten, referring to this year's Nova Scotia games — and how to proceed if they are called off — "Right now, we are in limbo."

Asked whether parents and community members could step in and fill the gap in coaching and volunteering if teachers aren't able to, Frotten said that is a question they can't answer right now.

"At this time we've held off all organization of the regional games because the organizing committee is formed primarily of volunteers that

are teachers," he said, noting the host school area runs the local regional committee of the games.

Frotten said the Acadian Games are a great event and that the kids look forward

to them every year, but organizers have also tried not to interfere in what has been happening in terms of negotiations and contract talks over the past few months.

"We just felt like it was a good idea to back away until the end of February to allow them to do their thing. Whenever it ends, we'll be able to make a clearer final decision," he said.

TC MEDIA



**The committee has decided to make a final decision on Feb. 28.**

Chris Frotten



Lt.-Gov. J.J. Grant receives applause from Grand Keptin Andrew Denny, from left, Justice Minister Diana Whalen, Premier Stephen McNeil and George Sylliboy after signing a pardon in Halifax on Thursday. ANDREW VAUGHAN/THE CANADIAN PRESS

# Sylliboy pardoned

## TREATY RIGHTS

## Late Mi'kmaq leader was convicted of illegal hunting

The Nova Scotia government has pardoned and honoured a late Mi'kmaq grand chief, decades after he was convicted of illegal hunting.

Gabriel Sylliboy received only the second posthumous pardon in Nova Scotia history, after black civil rights pioneer Viola

Desmond.

The province also apologized to Sylliboy at a ceremony at Government House in Halifax.

"The wrongs of the past can never be undone, but we can work together to do better for the children of this generation and of those that follow," said Lt.-Gov. J.J. Grant, who granted the free pardon.

"This pardon ... helps us acknowledge and learn from the struggles of the past and memorialize those who sought to exercise their rights."

Sylliboy was born in 1874 in Whycocomagh, Cape Breton, and

became the first elected Mi'kmaq grand chief and a passionate advocate for treaty rights.

He was convicted of hunting illegally in the late 1920s, but took his fight to the Supreme Court of Nova Scotia. He passed away in 1964.

"Grand Chief Sylliboy was a Mi'kmaq leader who acted with courage and integrity in this hunt at a time when aboriginal and treaty rights were not recognized with the full weight we accord them now," said Premier Stephen McNeil.

"We recognize that the treatment of the grand chief was

unjust. The province apologizes to the family of Grand Chief Sylliboy and the Mi'kmaq community for this injustice. An important step on our path toward reconciliation is recognizing the mistakes of the past so we can build a better future for all Nova Scotians."

Naiomi Metallic, a law professor at Dalhousie University, said Sylliboy's case was the first time treaty rights were used as a defence.

Decades later, the Supreme Court of Canada affirmed the treaty rights of the Mi'kmaq people. THE CANADIAN PRESS

## WASTE COLLECTION NOTICE GARBAGE/ORGANICS/RECYCLABLES

### Heritage Day

Please be advised there will be no garbage, organics, or recyclables collection service on Heritage Day - Monday, February 20, 2017. Collection services for that day will be provided the preceding Saturday, February 18, 2017.

Collection services can begin as early as 7 a.m. To ensure collection please place materials curbside the evening prior to collection day.



Download our new Halifax Recycles app to search what goes where and receive weekly notifications.

No Collection Heritage Day Monday, February 20	➔	Collection will occur the preceding Saturday, February 18
Otter Lake Facility Closed Monday, February 20	➔	Otter Lake Facility Open Saturday, February 18 7 a.m. — 7 p.m.
Municipal Recycling Plant Closed Monday, February 20	➔	Municipal Recycling Plant Open Saturday, February 18 7:30 a.m. — 6 p.m.
Household Special Waste Depot Closed Saturday, February 18	➔	Household Special Waste Depot Open Saturday, February 25 9 a.m. — 4 p.m.





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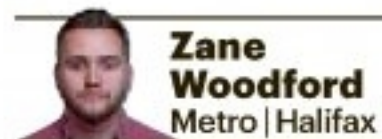
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# The pride of Cole Harbour

## HOCKEY

## Crosby first Haligonian in NHL history to get 1,000 points



**Zane Woodford**  
Metro | Halifax

It was no surprise to Sidney Crosby's childhood coach that his former player was expected to cross an elite threshold in the world of professional hockey.

"We knew he was pretty special when he was younger," Paul Mason said in an interview before last night's game against the Winnipeg Jets where No. 87 became the 86th player in NHL history to score 1,000 points or more.

"When he kept overcoming those obstacles every time, and always going beyond what people thought he would do ... I guess nothing surprises us. We're just so proud of him and the way he represents our community so well ... It's just a sense of pride."

Not the least of those obstacles has been Crosby's health. Just a few years ago, his future in the league was uncertain, dogged by concussion problems.

Mason said the Cole Harbour community was worried back then, but always optimistic that the hometown boy would pull through.

"In life, everyone gets those moments

that make you wonder, and that might have been one of those moments for him," he said.

Crosby told the Associated Press a few weeks ago that back then, he didn't know what his future held.

"A lot of things go through your head as far as playing again, getting to the level you think you can get to," he said. "A lot of sitting time around kind of waiting. It's hard for that to not kind of cross your mind."

Now, Crosby's joining a list with the game's greats. He'll be the eighth active NHLer to join the club, the third Nova Scotian, and the first from the Halifax area.

Mason said he doesn't worry too much about milestones like this one because



**We knew he was pretty special when he was younger.**

Paul Mason, Sidney Crosby's childhood coach

he doesn't think Crosby does either.

"Individual accolades and accomplishments are nice, but we like to see Sidney do well, and I think doing well for him is his team getting a chance to win the Cup," he said.

"He's already established himself as one of the greatest of all time ... Finding him on that list isn't a shocker. He's on everyone's list in the top 100."



The Pittsburgh Penguins' — and our own — Sidney Crosby celebrates his 1,000th NHL point.

JOE SARGENT/NHLI VIA GETTY IMAGES

### BY THE NUMBERS

**29** years | **193** days old | **1,002** points

## NHL

## Sid ends big night with win in OT

Sidney Crosby ended his march to 1,000 career points in typically unselfish fashion. The Pittsburgh Penguins star wasted little time before starting his quest for the next thousand.

The Pittsburgh captain fed Chris Kunitz for a first-period goal against Winnipeg on Thursday to become the 86th player in NHL history to reach the 1,000-point plateau, added an assist on Phil Kessel's game-tying goal in the third and then put the winner past Connor Hellebuyck with 21 seconds left in overtime as the Penguins escaped with a 4-3 victory.

This is how the milestone point happened: Crosby out-worked Winnipeg's Blake Wheeler to get to a loose puck in the left circle then slid it over to Chris Kunitz in the slot. Kunitz powered it into the wide open net to give Pittsburgh a 2-0 lead.

Crosby finished with three points to push his total to 1,002. Evgeni Malkin also scored for Pittsburgh, while Marc-Andre Fleury stopped 44 shots for the Penguins.

Patrik Laine scored his 27th for Winnipeg. Paul Postma collected his first and Dustin Byfuglien his eighth for the Jets. Hellebuyck made 35 saves, but couldn't get a handle on Crosby's 31st of the season and 369th goal of his career.

Crosby reached the 1,000-point milestone in 757 games. THE ASSOCIATED PRESS

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For more information, detailed schedules, and to plan your route, visit: [halifax.ca/transit/schedules](http://halifax.ca/transit/schedules)



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# Finding a canine connection

## PETS

## Woman seeks owner of 'great dog' named Hannah

Hilary Powell had a very special dog.

To think someone else had a special dog with the same name is more than a coincidence to the Ottawa resident who summers in Pugwash.

It was during a walk on the beach last summer that she came across a rock with a special inscription—one that made her shed tears of remembrance and joy.

"I had a very special dog named Hannah that I rescued in 2009. It was the very first dog I had in my adult life. She was an absolute sweetheart who helped me through some difficult times in life, but she ended up passing away with cancer in 2014," Powell said.

"Last summer I was walking on the beach and a friend's son called over to me to come over and look at this rock. Someone



Hilary Powell's rescue dog Hannah passed away from cancer in 2014. CONTRIBUTED

had engraved on this big boulder 'Hannah: A great dog.'

"I could not believe it because what are the chances that someone else had a great dog named Hannah that they wanted to pay tribute to? I was so happy to see it and to think someone else had

**"I was just blown away."**  
Hilary Powell

a great dog named Hannah."

Powell said shed plenty of tears upon discovering the boulder. Now she's hoping to find the person who left the message to let him or her know that she too had a special dog with the same name.



Someone had this rock near Pugwash engraved in honour of their dog. CONTRIBUTED

Powell asked her uncle Richard, who lives close to the area, if he could find out who made the inscription, but there has been no luck so far. She said the inscription looks professionally done and it was done by someone who cared a lot about his or her dog.

Hannah came into Powell's life at a difficult time. She feels she and Hannah connected at a time when they needed each other. She feels as though Hannah rescued her. She was a funny, delightful and loving dog who taught her about life and love.

To find a connection again in Pugwash is special because it's a place she has been coming each summer for many years.

"Pugwash has always been a special place for me; it's a slice of heaven that I love," she said. "It was such a coincidence to come across this meaningful rock about a dog that I love and a place that I love. I was just blown away. What are the chances of that?"

Powell asked around the community but no one seemed to know anything about the rock or whose dog Hannah might be. She is confident the inscription was placed by someone from the Pugwash area and she believes it was placed there just before she found it because she walks on that beach every summer and never noticed the inscription until then. TC MEDIA



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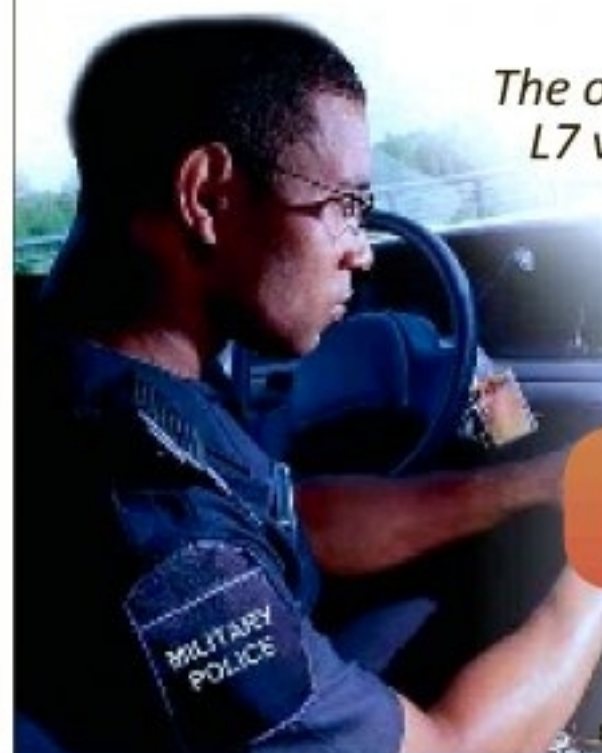
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## Halifax DIGEST

### CRIME Pair facing drug charges after police seizure

Two people are facing charges after a drug search in Halifax Wednesday night.

In a media release, Halifax Regional Police said at 11:30 p.m. they executed a search warrant at an apartment on Pine Grove Drive.

During the search, police found a quantity of fentanyl tablets, cocaine, crack cocaine and

cannabis resin, along with drug paraphernalia and a quantity of cash.

Officers arrested a man and a woman without incident during the search.

Sara Alicia Hubley, 31, and Jason Erroll White, 38, both of Halifax, each face charges of possession for the purpose of trafficking in fentanyl, possession for the purpose of trafficking in cocaine and possession of cannabis resin. METRO

### COURT Man sentenced to 8 years in stabbing death case

A fight over a woman that ended in the death of one man has now resulted in another being sentenced to eight years in a federal prison.

Cody Alexander Russell, 22, of North Sydney, was initially charged with second-degree murder in connection with the Sept. 30, 2015, stabbing death of 25-year-old Stephen Tyler Chisholm

of Sydney Mines. He pleaded guilty to the included offence of manslaughter.

The eight-year sentence imposed Wednesday, minus 11 months for remand credit, was a joint recommendation from Crown prosecutors Shane Russell and Gerald MacDonald and defence lawyer David Iannetti.

The recommendation was accepted by Supreme Court Justice Frank Edwards who said he was doing so with concerns. TC MEDIA



Kaitlyn Guinan had the chance to get close to the edge of Victoria Falls, on the Zambezi River along the border between Zambia and Zimbabwe in 2013. Her feet were being held to ensure she didn't go any farther forward. CONTRIBUTED

## A passion for exotic adventures

### TRAVEL

#### Danger hardly a concern for Halifax globetrotter

Kaitlyn Guinan felt the eeriness and heaviness of the area when she walked through one of the "killing fields" of Cambodia.

During a recent trip to Cambodia and Shanghai she visited a field outside Phnom Penh and a museum documenting the genocide that took place in the country during the 1970s, when Pol Pot and the Khmer Rouge killed about 1.7 million people.

"It's very quiet and sombre," she said. "There was a lot of death in these places and every few months they go through and pick up teeth, scraps of clothing and bone fragments that come through."

Learning about the history and culture of different places is an important part of travelling for Guinan, who has now been to 36 countries including Uganda, Croatia, Iceland, Brazil, Kenya, China, England and Chile. She works as much overtime as she can to save money for her journeys.

Although she was in Chile when an earthquake struck, has laid at the edge of a waterfall and gone diving with sharks, she has never felt she was in danger.

While in Cambodia Guinan did visit one of the popular

tourist spots, Angkor Wat temple, and fed bananas to elephants at a sanctuary.

"These are animals that were once owned and some of them were mistreated," she said. "When I was in Thailand (about four years ago) I rode one. I didn't know any better but now that I know more I would never do that."

As a teenager she went to Guatemala and El Salvador as part of a group and still bears scars from spider bites as a reminder. That hasn't deterred her from travelling, although her discomfort around spiders did prevent her from trying fried tarantula while in Cambodia.

"Cambodia did have great weather and friendly people and I'd go back there in a heartbeat," she said.

"I love pretty much everywhere I've been except Italy. It has a perfect climate and fascinating history but there was a lot of rubbish and graffiti. You

don't expect that somewhere like Italy."

Guinan usually travels alone and stays at hostels. An avid diver, she also fits in some underwater exploring.

She doesn't find the language barrier a problem, as she's become very skilled with hand signals.

There are about 40 countries she still hopes to visit but she doesn't know which will be next.

"I just see where the seat sales are and where the weather's good, and then plan my trip," she said. TC MEDIA

# 36

Kaitlyn Guinan has visited a total of 36 countries so far.

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# Trudeau tries to calm waters across the pond

## POLITICS

## PM talks Trump, looks for common ground

Fresh from his meeting in Washington, Justin Trudeau sought to bring Europe a message of reassurance Thursday about the anxiety it faces over Donald Trump's antipathy towards the continent.

Trudeau's recent visit to the White House, kicking off a whirlwind week of international travel, was closely watched in the European Union, which endured another round of bashing this week from Trump's pick for ambassador to Brussels.

Trudeau's host, Antonio Tajani, the president of the European Parliament, said Europe views Canada as an important bridge builder in its attempt to forge positive relations with the United States.



PM Justin Trudeau arrives to deliver a speech at the European Parliament on Thursday. GETTY IMAGES

"It's easier for the Canadians to speak to the Americans," Tajani said, seated next to Trudeau at their joint press conference in Strasbourg, France, the seat of the bloc's 28-country parliament.

The Trump-Trudeau meeting on Monday "paved the way for better relations between European Union and the United States of America," Tajani said.

Trudeau elaborated on his

meeting with Trump, saying the two are seeking common ground to help the middle classes of their two countries prosper.

"What I saw from the American president was a focus on getting things done for the people who supported him and who believe in him, while demonstrating that good relations with one's neighbours is a great way of getting things done," said Trudeau.

Trudeau said the Comprehensive Economic and Trade Agreement with Europe would likely be ratified by Canada by the spring and that's when working people would begin to see the benefits of trade deals.

"If we are successful, CETA will become the blueprint for all ambitious, future trade deals. If we are not, this could well be one of the last."

THE CANADIAN PRESS

## PARLIAMENT

## Sohi gets the last laugh: 'I'm very proud'



Alex Boyd  
Metro | Edmonton

Minister of Infrastructure Amarjeet Sohi says he is nothing but proud of his background, a day after a reference to his past as an Edmonton bus driver drew laughter in the House of Commons.

"I'm very proud that — that I was a bus driver serving my community and transporting moms to, you know, when they take their children to daycare or taking students to school," Sohi told reporters in Ottawa Thursday.

"We all come from different backgrounds, and my back-

ground is what I'm proud of."

Sohi brought up his experience as a transit operator while discussing the death of Irvine Fraser, the driver recently killed in Winnipeg.

In a video taken in the House, laughter could be heard coming from the opposition.

"Obviously, I did notice the laughter, but I was there to convey a very, very important message, and that message was to show our support and thoughts and prayers with the person who was stabbed while serving his community," Sohi said.

WITH FILES FROM RYAN TUMILTY

VIDEO ON THE METRO APP



Minister of Infrastructure Amarjeet Sohi. THE CANADIAN PRESS

## Garland guilty of killing three



Lucie Edwardson  
Metro | Calgary

Douglas Garland has been found guilty on all three counts of first-degree murder in the deaths of five-year-old Nathan O'Brien and his grandparents Kathy and

Alvin Liknes.

Garland, 57, was on trial for the last five weeks. The jury deliberated their decision for just over eight hours. Ten of the jurors suggested the three 25-year sentences be served consecutively, for a total of 75 years.

In the summer of 2014 an Amber Alert gripped the city as cit-

izens held their collective breath — hoping for the safe return of Nathan and his grandparents.

The Crown told jurors in their opening statement of how Garland held a "petty grudge" against Alvin Liknes over a patent on an oil and gas pump he'd worked on before being fired in 2007.

## Indigenous community hit with two tragedies

Aboriginal leaders say indigenous artist Moses Beaver has died under what they are calling unexplained circumstances.

Beaver, a renowned Woodlands artist, is believed to have died in a jail in Thunder Bay, said Nishnawbe Aski Nation Grand Chief Alvin Fiddler and Nibinamik First Nation Chief Johnny Yellowhead on Thursday.

Ontario's Ministry of Community Safety and Correctional Services said a male inmate was

found unresponsive at the Thunder Bay jail Monday night.

Regional coroner Dr. Michael Wilson said the man who died had been in custody "for a while" but could give no details.

Beaver's sister, Mary Wabasse, died Wednesday in a collision in Thunder Bay as she was travelling to comfort family and make funeral arrangements, Fiddler and Yellowhead added.

"Our community had barely begun to mourn his loss when

the news came that his sister Mary was killed," Yellowhead said.

Yellowhead said Beaver had struggled with mental-health issues for many years.

"We do not understand why he was in custody or the circumstances that led to his death," Yellowhead said. "It is clear that Moses needed professional help and a psychiatric assessment, and we demand to know why this didn't happen." THE CANADIAN PRESS

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# Revised Muslim ban coming soon

COURT

## Feds ask for stay in legal proceedings, plan changes

The Trump administration said in court documents on Thursday it wants a pause in the legal fight over its ban on travellers from seven predominantly Muslim nations, so it can issue a replacement ban as it strives to protect the nation from terrorism.

Details of the new proposal were not provided in the filing or at a wide-ranging news conference by Trump. But lawyers for the administration said in the filing that a ban that focuses solely on foreigners who have never entered the U.S. — instead of green card holders already in the U.S. or who have travelled abroad and want to return — would pose no legal difficulties.

"In so doing, the president will clear the way for immediately protecting the country rather than pursuing further, potentially time-consuming litigation," the filing said.

Trump said at the news con-

ference that a new order would come next week.

"I will not back down from defending our country. I got elected on defence of our country," he said.

The administration asked the 9th U.S. Circuit Court of Appeals to hold off on making any more decisions related to the lawsuit filed by the states of Washington and Minnesota until the new order is issued and then toss out the decision keeping the ban on hold.

Washington state Attorney General Bob Ferguson said the federal government was "conceding defeat" by saying it does not want a larger appellate panel to review the decision made last week by a three-judge panel of the 9th Circuit. The judges rejected the Trump administration's claim of presidential authority and questioned its motives in ordering the ban.

The administration attacked the decision in Thursday's court filing, saying the panel wrongly suggested some foreigners were entitled to constitutional protections and that courts could consider Trump's campaign statements about a ban.

THE ASSOCIATED PRESS



U.S. President Donald Trump calls on a reporter during a news conference where he said he would not 'back down from defending our country.' GETTY IMAGES

## A presser unlike any other

The leaks are real. But the news about them is fake. The White House is a fine-tuned machine. Russia is a ruse.

Donald Trump's first solo news conference as president has no rivals in recent memory. For all the trappings of the White House and traditions of the forum, his performance was one of a swaggering, blustery

campaigner, armed with grievances and primed to unload on his favourite targets.

In nearly an hour and a half at the podium, Trump bullied reporters, dismissed facts and then cracked a few caustic jokes — a combination that once made the candidate irresistible cable TV fodder. He went even further, blaming

the media for all but sinking his not-yet-launched attempt to "make a deal" with Moscow.

This was his and his aides' attempt to get the boss his groove back. Trump used the event to try to claw his administration back from the brink after a defeat in court and the resignation of his top national security adviser. THE ASSOCIATED PRESS

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## 150 WAYS of looking at Canada

POSTCARD NO. 17

### CAPE CHURCHILL, MANITOBA



WE FLEW INTO CHURCHILL, MANITOBA — KNOWN AS THE POLAR BEAR CAPITAL OF THE WORLD — ACCOMPANIED BY A BIOLOGIST. WE WENT INTO THE TUNDRA IN SEARCH OF THESE BEAUTIFUL, THREATENED CREATURES. WHAT A THRILL TO SEE THE FIRST OF MANY POLAR BEARS ON THAT VISIT. **MURNA ANDREWS**

**SEND US YOUR POSTCARD**

Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on [Metronews.ca](http://Metronews.ca) and our 150postcards Instagram page. Get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. Email us at [scene@metronews.ca](mailto:scene@metronews.ca) or post to Instagram or Twitter with the hashtag **#150postcards**.



# United by purpose

## ACTIVISM!

### Workers, bosses walk arm in arm on Day Without Immigrants

The heart of Philadelphia's Italian Market was uncommonly quiet. Fine restaurants in New York, San Francisco and the

nation's capital closed for the day. Grocery stores, food trucks, coffee shops, diners and taco joints in places like Chicago, Los Angeles and Boston shut down.

Immigrants around the U.S. stayed home from work and school Thursday to demonstrate how important they are to America, and many businesses closed in solidarity, in a protest called A Day Without Immigrants.

The boycott was aimed squarely at President Trump's efforts to step up deportations, build a wall at the Mexican border and close the door to many travellers.

Organizers appealed to immigrants from all walks of life to take part, but the effects were felt most strongly in the restaurant industry, which has long been a first step up the economic ladder for newcomers

to America. Restaurant owners with immigrant roots of their own were among those acting in solidarity.

"The really important dynamic to note is this is not antagonistic, employee-against-employer," said Janet Murguia, president of the Hispanic rights group National Council of La Raza. "This is employers and workers standing together, not in conflict." THE ASSOCIATED PRESS



Protesters participate in a march aimed at U.S. efforts to crack down on immigration on Thursday in Chicago. THE ASSOCIATED PRESS

## The promise of your own omniscience

ROSEMARY WESTWOOD  
From the U.S.



Imagine always being right.

Imagine every fear you had was proved founded, and every belief proved true. No need to stretch the bounds of your assumptions. No need to consider how the terrain of life might shift from a different point of view.

That — your own personal omniscience — is the promise of this era of crumbling trust: And for enough of us, it seems, it just feels too good to pass up.

Edelman's trust barometer, published this week, shows in polling what anyone paying attention has already seen: Canada is going the way of the U.K., the U.S., and France in tilting dangerously towards a populist moment.

Like our Western neighbours, "trust in business, media, and the government is in trouble."

Everyone living in this period of dramatic change, especially technological, could be forgiven for being fearful.

But anyone willing to use their fear to prop up a xenophobic nationalism is, well, less forgivable.

One way to tell if you're among the latter is via a simple test: Muslims.

As in: Are you afraid of

them? As in: Did the Quebec mosque shooting fill you with dread, until you learned it was committed by a young white man with white supremacist, populist ideas?

In the U.S., people don't worry so much about how toddlers with guns accidentally killing people, or the hundreds of white supremacist hate groups, or the one in five women who've been raped or seriously assaulted by a partner, according to the Centers for Disease Control and Prevention.

Those, we understand, are truly dangers, and need not warrant fear. But Muslims? The cultivated terror of them can land you in the White House. Hence Trump's Muslim ban campaign promise.

The sad fact is that we are often wrong. Admitting that is the only route to progress. It's called learning.

Now, for many, learning just doesn't compare to digging in. To denouncing institutions so that you can denounce their facts. To diminishing your own sphere of influence until the only person you trust is yourself.

Donald Trump campaigned on the idea that he was his own best advisor. A lot of people found that preposterous.

But far too many nodded along.

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## IN BRIEF

### Stork arrives for albatross

The world's oldest known seabird has a new chick.

The U.S. Fish and Wildlife Service said Thursday Wisdom's offspring hatched at Midway Atoll National Wildlife Refuge last week. The Laysan albatross is at

least 66 years old and is the world's oldest breeding bird in the wild.

Midway Atoll is about 1,200 miles northwest of Honolulu and was the site of a pivotal World War II battle.

THE ASSOCIATED PRESS



DECODED by Sarah-Joyce Battersby and Andrés Plana

## 'D' RIGHT VITAMIN FOR YOU

**Soaking up the sunshine vitamin.** As post-secondary students head off on spring break down south and the rest of us look forward to warmer weather (any minute now), we look at the science behind vitamin D, one of the nutrients your body needs most.

**'D' is for durable bones**

Vitamin D helps bones absorb calcium and phosphorous. Both minerals are vital for building and maintaining healthy bone structure.

**'D' is for demanding organs**

Many tissues and organs, including the **brain, heart, kidneys, colon and muscles** have vitamin D receptors.

**If vitamin D is low**, the body will take calcium stores from the bones, which could lead to fractures.

**If vitamin D is too high**, the kidney and other soft tissues, including the heart, lungs and blood vessels, could calcify.

**'D' is for dietary supplements**

The sun is a free way to get vitamin D, but long, dark days don't help.

Most Canadians need 15 micrograms — or the equivalent of 1.5 per cent of an ant's body weight — every day.

**Fatty fish and egg yolks** offer some vitamin D, but you'd have to eat two cans of tuna to get just the amount a newborn baby needs. A daily multivitamin is probably your best bet.

Source: Health Canada and Harvard Medical School

### FINDINGS Your week in science



**Stars, they're just like us**  
Astronomers spotted an exploding star just hours after its eruption, giving a rare glimpse at its final moments. Until now the explosion itself was considered the first sign of the end, but it looks like they do not go quietly — in this case belching gas as it neared death.

**Unbalanced diet** French hamsters ate their babies alive when fed a corn-heavy diet, researchers have found. The study was looking for downsides of limited crop availability. Downside, check.

### SOUND SMART



#### DEFINITION

**Neoteny** describes a stunted adulthood, where grown members of a species still hold youthful traits and behaviours, and in turn the young can perform adult functions, like reproduce.

#### USE IT IN A SENTENCE

"Talk about neoteny! Cheryl's 45-year-old son has booked a spring break trip to Disneyland with 26 of his closest friends."

#### PHILOSOPHER CAT by Jason Logan

*In order for the light to shine so brightly, the darkness must be present.*



The Citizen Scientist is out in the field at the moment. Keep sending your questions to: [genna.buck@metronews.ca](mailto:genna.buck@metronews.ca)



## Harvard, MIT hang on to lucrative gene-editing patent

In a highly anticipated decision that could sway the fortunes of a handful of biotechnology companies, the U.S. federal patent office has turned back a challenge to patents covering a widely used method for editing genes.

The office's board of appeals ruled Wednesday that the Broad Institute of MIT and Harvard can keep patents it had been awarded for a technique called CRISPR that lets scientists alter DNA within cells.

It turned back a challenge from the University of California, Berkeley. The school had filed its

own CRISPR patent application in 2012 a few months before the Broad institute, but the Broad got its patents approved while Berkeley's application is pending.

The financial implications are huge, since CRISPR may lead to many lucrative products in medicine, agriculture and elsewhere. One company that has licensed Broad's technology, Editas Medicine Inc., saw its shares jump by 29 per cent Wednesday.

In a statement, Berkeley said it respects the ruling, but that it will "carefully consider all options for possible next steps in

this legal process, including the possibility of an appeal."

The patent dispute involved work led by Feng Zhang of the Broad Institute and Jennifer Doudna and Emmanuelle Charpentier at Berkeley.

Lawyers for Berkeley maintained that Doudna and Charpentier were the first to invent CRISPR for use in all settings. They said the work at Broad, which showed how to use CRISPR in the relatively complex cells of plants, people and other animals, wasn't enough of an advance beyond the Berkeley

work to warrant its own patents.

The appeals board, however, concluded that the Broad work was not simply an obvious extension of the research described in the Berkeley patent application. So Broad's patent coverage is different from Berkeley's, the board ruled.

Jacob Sherkow, who specializes in patent law for matters of biological sciences at the New York Law School, said he thinks it would be worthwhile for Berkeley to take the matter to a federal appeals court.

THE ASSOCIATED PRESS





Charlie Day and Ice Cube play two teachers who brawl in a high school parking lot in *Fist Fight*. CONTRIBUTED

## Get schooled on teen movies

### IN FOCUS

### Fist Fight the latest study on culture of the student body

**Richard Crouse**  
For Metro Canada



*Fist Fight* features so much bad language it completely outpaces f-word aficionados Tarantino and Scorsese combined. Accompanying the cussing are bad behaviour, violence and loads of oh-no-he-didn't jokes all set against the backdrop of the end of semester at the rough-'n'-tumble Roosevelt High School.

Trying to hang on until the final bell rings are well-meaning English teacher Andy Campbell (Charlie Day) and Ron Strickland (Ice Cube), the world's toughest history teacher. When Campbell accidentally gets Strickland fired a bad day goes from crappy to cruddy. "I'm going to fight you," the amped-up Strickland says, looking for some street justice. "After school, meet me in the parking lot."

As the #teacherfight spreads across social media, a crowd gathers in the parking lot to witness the carnage. After some hand-to-hand combat Campbell and Strickland come to terms with one another, learning important lessons with each punch.

My grade nine homeroom teacher Mrs. Armstrong wouldn't

recognize Roosevelt High as the kind of school she taught in, but it's familiar territory for Hollywood, which has long used school hallways as a study of teen life. Relationships between students and teachers have fuelled movies like *Blackboard Jungle* and *To Sir with Love*, but just as interesting is the culture of the student body.

John Hughes mined the teenage dynamic for all it was worth

in a series of classic teen operas like *Sixteen Candles*, but it's *The Breakfast Club* that remains his most insightful look at high school life. The story is simple: five high school archetypes — the jock, the mean girl, the brainiac, the rebel and the outsider — thrown together during a nine-hour Saturday detention become unlikely friends, revealing their innermost secrets. "We're all pretty bizarre," says Andrew

(Emilio Estevez). "Some of us are just better at hiding it, that's all."

It's the emotional intensity of *The Breakfast Club* that makes it one of the most insightful high school films ever. Thirty-two years after its release it still feels fresh, but for my money one of the best looks at life in the halls comes from Emma Stone's film *Easy A*.

The movie begins with the voiceover, "The rumours of my promiscuity have been greatly exaggerated." It's Olive (Stone), a clean-cut high school senior who tells a little white lie about losing her virginity. When the gossip mill gets a hold of the info, her life takes a parallel course to the heroine of the book she is studying in English class — *The Scarlet Letter*. At first she embraces her

newfound notoriety; after all she had been all but invisible at the beginning of the school year. It isn't until the lies and gossip start to spin out of control that she has to assert her virginity.

All the best high school movies — *Election*, *Heathers*, *Dazed and Confused* and *Mean Girls* — share that sentiment. The names, schools and places may change but it is the labours of students and teachers, like *Fist Fight*'s Andy Campbell and Ron Strickland, to find themselves and figure out what it all means that makes them interesting and relatable. As we learned studying Aristotle in philosophy class, "Knowing yourself is the beginning of all wisdom," and, in Hollywood's case, entertainment too.

### MOVIE RATINGS by Richard Crouse

<b>Fist Fight</b>	★★★
<b>The Great Wall</b>	★★
<b>A Cure for Wellness</b>	★
<b>My Scientology Movie</b>	★★★

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# Paquin's dark and twisty CBC role

## INTERVIEW

### Actress plays a fearless detective in Bellevue

**Melita Kuburas**  
Metro | Canada



Anna Paquin likes playing women who are free to make mistakes. Her latest character makes a lot of them.

In CBC's upcoming serialized thriller *Bellevue* (debuting Monday, Feb. 20 at 9 p.m.) Paquin portrays Annie Ryder, a woman who approaches her job as a detective without much care for her personal safety. To get closer to a source, she gets drunk and high with him in a hotel room; she has a creepy stalker, yet she follows his clues alone to a dark shed in the woods.

"She's brave in a way that comes from being quite reckless with her own well-being and not ultimately necessarily being that attached to her own

life in some ways," Paquin tells Metro in a recent interview in Toronto.

The show follows the 28-year-old single mom in this small, Canadian mining town as she tries to locate a missing teenager — a transgender star hockey player. But the case appears to be related to a murder that occurred in Bellevue (a fictional town, but the show was shot in Quebec) 20 years earlier, and is linked to the suicide of Annie Ryder's father.

"I think that the trauma of having been a kid whose parent committed suicide — and obviously that's not a situation I know anything about personally — but certainly that seems to track as far as Annie having been a bit careless in the way that she lives her life. She doesn't always act like the stereotypical perfect cop or parent," Paquin says.

In other words, she's a decent human making some bad choices, which, for those who have followed Paquin's career, might sound familiar.

The Oscar winner spent six years on HBO's *True Blood* playing a sunny Louisiana waitress who falls into one dangerous



Anna Paquin and Shawn Doyle play detectives looking for a missing teen hockey player in CBC's *Bellevue*, debuting Monday, Feb. 20 at 9 p.m. HANDOUT

situation after another, thanks to her romantic relationships with vampires. Trade in the Keds and mini skirts for black boots and a cargo jacket, and you get Annie Ryder, a kind of Canadian Sookie Stackhouse. It's exactly the type of flawed female protagonist Paquin is drawn to.

"If female characters make questionable choices in some aspects of their lives or their parenting, there's an amazing tendency or need to then punish that character. And it doesn't really happen in male plotlines," Paquin says.

*Bellevue* deals with some dark aspects of humanity —

betrayal, substance abuse, murder — but it doesn't do so in a didactic, "message-y" kind of way, says Paquin.

"I think that entertainment has a tendency to put women into very defined boxes. I personally found that really boring to watch, and even more boring to do."

## WAY OF LIFE

### Small-town struggle familiar to actor

Shawn Doyle, who plays the police chief in CBC's *Bellevue*, understands the small-town struggle too well. The actor (*House of Cards*, *Big Love*) grew up in Wabush, Labrador, an iron ore mining town that was constantly under threat of the industry going bust, as it does in the show.

"My parents sold their house back to the company for \$5,000 when we left," says Doyle, who now has a house in Toronto.

Wabush became a boomtown again, however the mines closed in 2014 devastating the local economy. "Now there are all these people who not only are they upside down on their mortgages and will never get money back for the houses that they bought, but they're homeless. It's a really devastating situation," Doyle says.

MELITA KUBURAS/METRO



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## OPENING THIS WEEKEND

### Great expectations, grouches, grit and an ineffective cure

**1 The Great Wall** (Starring Matt Damon, Jing Tian, Pedro Pascal; Directed by Zhang Yimou; 103 minutes; 14A)

Monstrous Chinese blockbuster *The Great Wall* shows its devotion to American cinema from the get-go, opening with a desert horseback pursuit straight out of a classic 1950s Western. And hey, one of those fleeing cowboys is Matt Damon. But this is 12th-century China and Damon is no cowpoke, he's mercenary soldier and master archer William Garin, whose wavering accent would indicate he has ridden in from Cleveland by way of Denmark. The largest-budget movie ever shot in China, *The Great Wall* marks the first English-language production from master filmmaker Zhang Yimou. Unfortunately, the gorgeous subtlety of Zhang's mesmerizing style is carried off with the first wave of man-eating, green-blooded monsters. This is a movie that owes

much to gaming style, with furious action, in-your-face flying weapons and an uncomplicated story.

**2 A Man Called Ove** (Starring Rolf Lassgård, Ida Engvoll, Filip Berg and Bahar Pars; Directed by Hannes Holm; 116 minutes; PG)

A Hollywood adaptation of this Swedish heart-tugger is probably inevitable, especially if it wins the Oscar for Best Foreign Language Film later this month at the Academy Awards. It won't be necessary. *A Man Called Ove* shamelessly, but also quite movingly, hits all the required notes of the most pandering of feel-good Tinseltown sagas, with its story of a grouchy guy who turns out to have a heart of gold and a past worth sighing over.

**3 Land of Mine** (Starring Roland Møller, Louis Hofmann; Directed by Martin Zandvliet; 90 minutes; 14A)

The Second World War is over in Europe and for the Danish people, oppressed

and ill-treated during a long German occupation, it's payback time.

Sergeant Rasmussen is given command of a massive mine-clearing operation along the country's idyllic beaches. The movie, based on actual events, was deservedly nominated for a best foreign film Oscar.

**4 A Cure For Wellness** (Starring Dane DeHaan, Jason Isaacs; Directed by Gore Verbinski; 146 minutes; 18A)

Is there a cure for a disappointing ending? Because *A Cure for Wellness* has a bad case of it and that's a shame because the film shows such initial promise. Dane DeHaan plays a young, ambitious corporate exec from a big U.S. firm sent on a mission to a Swiss clinic high in the Alps to retrieve a senior honcho whose presence is urgently required. But the film is overstuffed and overlong, collapsing under the weight of a silly conclusion.

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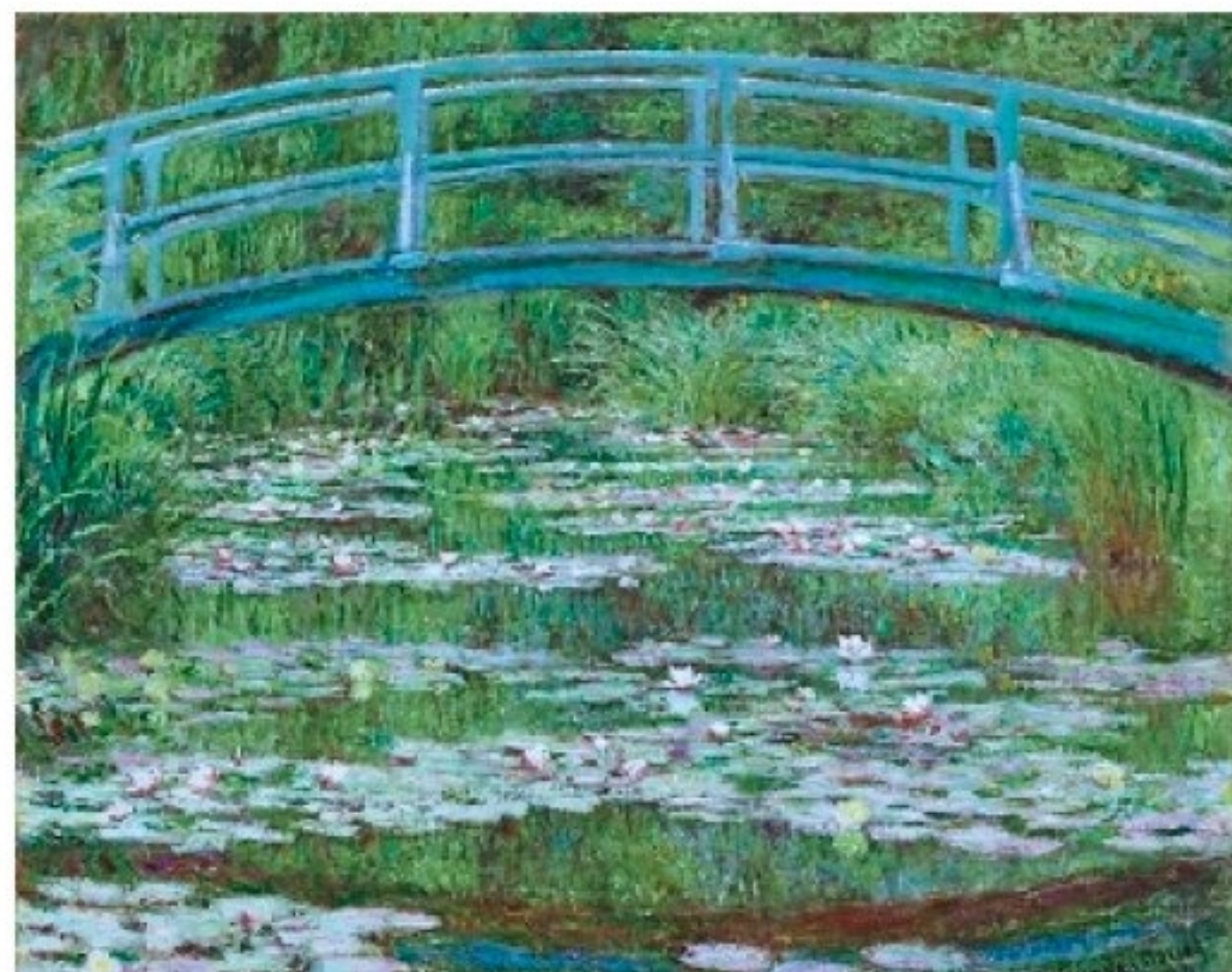
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Phil Grabsky's *I, Claude Monet* brings the French master's most iconic works to movie theatres, including *Impression at Sunrise* (left) and *The Japanese Footbridge*. CONTRIBUTED

# Helping Monet make a new impression

CINEPLEX SERIES

**How the movie theatre is being turned into a fine art gallery**

**Steve Gow**  
For Metro Canada



For many people, going to the cinema to admire old paintings probably sounds pretty boring. But veteran filmmaker Phil Grabsky sees it another way. "The music of Mozart or the paintings of Monet are extra-

ordinary and something we can indulge ourselves in and be motivated by," insisted the award-winning director recently from London. "And at the cinema, where you're not distracted by your phone for 90 minutes, you'll be moved by it."

Sparked by this theory, Grabsky has teamed up with international galleries to bring art lovers unprecedented access to the world's greatest artwork on the big-screen. His latest film — *I, Claude Monet* — uses 2,500 narrated letters to accentuate the stunning work of one of French Impressionism's founding fathers.

"Obviously I've got lovely

visuals to work with," said Grabsky. "It's a film to see in the cinema because many of us know some of the works of Claude Monet but to look at them again fresh, you do get a sense of just why he was an extraordinary painter."

Premiering on Feb. 22 as part of Cineplex's In The Gallery event series — *I, Claude Monet* may shed insight on the French painter but it's also about introducing art to the mainstream.

"We're trying to find another audience that doesn't want to see Thor," said Cineplex Events VP Brad LaDouceur, whose aim was to boost attendance on

quieter evenings through those "who want to see artists."

"You go to the movies and it's a great way to escape the everyday world, but what's great about the programming that Cineplex events does is how we can add to your knowledge of a genre, of an artist or a ballet company."

Going to today's theatre to view 19th century compositions is also a relatively modern affair. Not only are crowds booming for the gallery series but the experience may actually aid the enjoyment of the art itself.

"I went to see the Mona Lisa (and) I felt like I was being

## ARTISTIC APPRECIATION

### On making Claude Monet more mainstream:

"I'm really trying to give you a pleasurable, educational entertaining experience," said Phil Grabsky. "These films aren't supposed to be hard work. You're supposed to come out thinking it's amazing what we as human beings can do with paint."

"Impression at Sunrise is one of those paintings that many of us had on our walls or seen on endless post-cards. But when you see the actual spots and then get a sense of what he did, it just heightens your appreciation for him." STEVE GOW/FOR METRO



pushed out," recalled LaDouceur of a crowded visit to The Louvre in Paris. "But when you see your first gallery presenta-

tion, you don't have the crowds (and) you're going to get a high-definition shot of some of the most brilliant pieces."



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## DARTMOUTH HOTEL SET FOR MAJOR TRANSFORMATION

### First Atlantic Delta by Marriott to provide 'streamlined simplicity with high quality'

This summer, Dartmouth will become home to the very first Delta Hotel by Marriott in Atlantic Canada.

The former Ramada on Brownlow Avenue will turn into the brand-new Delta Dartmouth and will look completely different, inside and out. The hotel shut down this month as crews started on the major work.

"The renovation will go down to the studs and drywall. We're only using the structure and the envelope — there won't be a stitch of wallpaper, furniture or features left in the hotel," says Scott McCrea, CEO of The Armour Group Limited.

Marriott, the world's largest hotel chain, acquired Delta in 2015. The Delta brand has a strong name in Canada and will soon have a strong name internationally, McCrea says.

"They're focusing Delta on what they call the bare maximum: streamlined simplicity with high quality," he says. "It's providing travellers with what they want, at the highest quality but without the fluff."

Travellers will enjoy high-speed wireless, great showers, high-quality beds and many new amenities. The meeting rooms will be expanded and are set to become the largest meeting and facility rentals in Dartmouth. The 180 guest rooms will be completely renovated and modernized, plus guests will have access to the pool, water slide, fitness and wellness centres.

Delta Hotels by Marriott are aimed at corporate travellers and families who want a quality and comfortable experience, McCrea says.

"It's the first new Delta under the Marriott ownership and it will have a different feeling."

Amenities in the hotel are designed to exceed guests' standards for comfort, technology and recreational needs. Corporate travellers to the nearby Burnside Business Park will find Delta Dartmouth has everything they need while also providing unique and specialty services aimed at the corporate business market.

Shoppers at Mic Mac Mall and Dartmouth Crossing — and anyone in town taking in the sights — can also enjoy a relaxing, enjoyable stay at Delta Dartmouth.

True to The Armour Group's overall philosophy, the design for the new hotel reflects the history of Dartmouth and its place as the "city of lakes." Designers are hard at work adding signature details including a feature bar and eatery, and will continue to refine the offerings before it opens in the summer.

"The investment in Atlantic Canada and in particular Dartmouth reflects the continued growth and success of Dartmouth as a location," he says. "We think it will continue to be a strong location over the next 20 to 30 years."



# Atlantic GOLFEXPO tees off for 2017 in Halifax

Discover golf deals, equipment, live entertainment and more this year

If you love golf, then the Atlantic Canada GOLFEXPO should be your prime destination when it arrives at the Cunard Centre in Halifax on Feb. 25 and 26.

The annual showcase offers a sneak peak at what more than 30 golf courses across Atlantic Canada will have to offer in 2017. Visitors can check out a variety of show specials and pre-book their first tee time of the season.

The Taste of Cape Breton Pavilion is a new feature this year. See, taste and enjoy all that the island's golf courses and accommodations have to offer. You'll also want to check out a special showcase with Canadian Idol Season 6 runner-up Mitch MacDonald, who just happens to be a native Cape-Bretoner.

At the Golf Central Demo Range, attendees get to test drive the latest equipment from Cobra, Callaway and TaylorMade. The 2017 lineup will be showcased in a 4,800 square-foot range. Visitors can find the right equipment well before the courses open.



CONTRIBUTED

Also new this year: the Nova Scotia Golf Association Development Centre. There will be lots for both the young and the young-at-heart to learn here, all taught by experienced PGA of Canada professionals.

Swing by the Ken-Wo retail shop where the experienced staff can help you find your gear for the 2017 golf season. They will also have green fee packages and more on offer, all provided with excellent service in a fun atmosphere.

When the clock strikes 2 p.m., you'll need to head to the GOLF-EXPO Live Auction. Green fees, vacation packages, a VIA Rail trip from Halifax to Toronto and more are set to be auctioned off. To make things even livelier, Patrick Ledwell, Canadian best-selling author of I am an Islander and comedian, will entertain the crowd.

Afterwards, it will be time to kick back and have a great night socializing with other golf lovers. After GOLFEXPO closes on Saturday, doors will reopen for a night of hilarity with more comedy from Ledwell. He will provide a special Saturday night performance with a golf theme. Tickets are \$20 each.

Once the chuckling subsides, head on over to the craft beer cottage party taking place in the farmers' market to keep the festivities going.



CONTRIBUTED

For tickets and more

Visit [golfexpoc.ca](http://golfexpoc.ca) to buy tickets online, and take advantage of a special offer that provides an expo ticket and Links of Penn Hills "Eagle Card" together for \$65, taxes included. Quantities are limited, so purchase yours soon.

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## 5 WAYS TO CELEBRATE MARDI GRAS

New Orleans is entering the height of its pre-Lenten Carnival season, culminating on Mardi Gras, or Fat Tuesday, which falls on Feb. 28 this year. Visitors face an abundance of choices on how to take it all in. Revel in the bawdy French Quarter or catch a parade? March in a parade? Wear a costume? Do it all? **THE ASSOCIATED PRESS**



### 1 Watch a parade

There are dozens of New Orleans area parades. The major ones, with marching bands and masked riders who throw beads and trinkets from elaborate floats, begin this year on Feb. 17. Most follow a route along historic St. Charles Avenue onto Canal Street, the broad downtown boulevard at the edge of the French Quarter — although the giant floats of Endymion, the celebrity-studded procession set for Feb. 25, lumber through the Mid-City neighbourhood.

Often overlooked are the smaller processions. For instance, Krewe du Vieux's satirical and raunchy parade with smaller, hand-drawn floats rolls through the French Quarter and neighbouring areas on Feb. 11. A week later, sci-fi, fantasy and horror fans don costumes evoking a variety of pop culture icons from Ewoks to zombies for the Intergalactic Krewe of Chewbacchus and stroll through Marigny.



### 2 Be in a parade

Getting a spot in a Carnival parade is the ultimate participatory experience. Some of the old-line parade "krewes" are famous for their exclusivity but others are open to anyone who can afford it, although spots are limited and should be reserved in advance. Costs include membership fees, costumes and "throws" (beads, little stuffed toys, etc.).



### 4 Wear a costume

Feathered masks, funny hats and boas are available at souvenir shops and from vendors along the parade route. Many visitors make their own. In 2011, coveralls splashed with black were among the outfits lampooning BP after the Gulf of Mexico oil spill. Still others go for professionally made store-bought or rented regalia.



### 3 See the costumes

Mardi Gras is one big costume party. Some outfits are simple: multi-colored wigs, glittery masks, oversized hats. Others are elaborate: shimmering bodysuits with feather headdresses fanning out like peacock tails. Find the most intricate and outrageous on display at the annual Bourbon Street awards at the intersection of Bourbon and St. Ann.



### 5 Behave yourself

Mardi Gras takes place in a city famous for all-night bars and drinking in the streets but there are limits. More than 170 state troopers will supplement the nearly 1,200-member police force. Last year, 334 arrests were reported in the 10 days leading up to Mardi Gras along the parade route and in the police district that includes the French Quarter.

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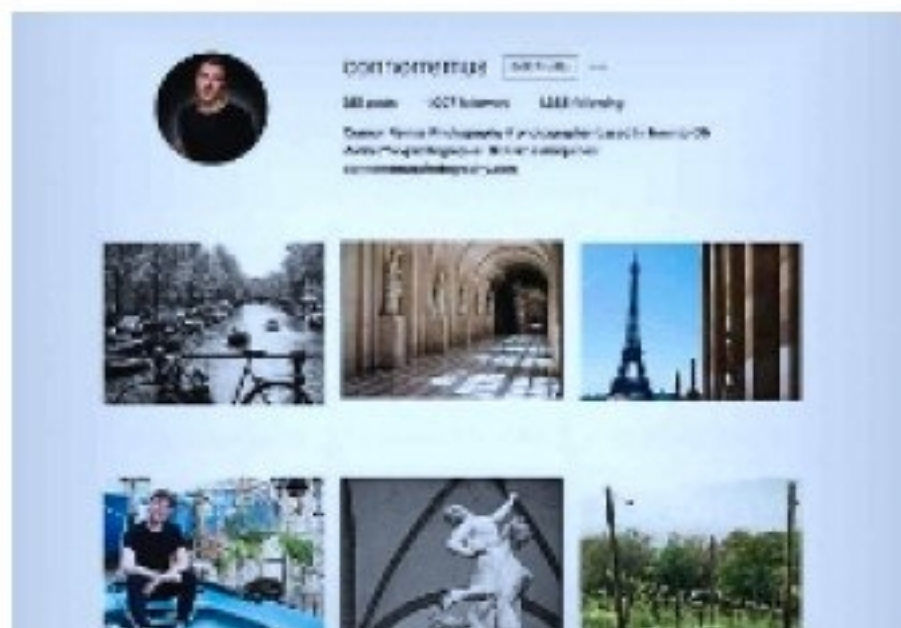
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# ADVICE TO IMPROVE YOUR INSTAGRAM GAME

I love to share my adventures on Instagram but sometimes feel my snaps are inadequate compared other accounts I follow. So I asked some of favourite Instagrammers for advice on taking and posting the best travel photos. **LOREN CHRISTIE/FOR METRO**



## Find your light

"Most photographers will say lighting is everything," says @connorremus, a Toronto-based photography student. "This is true even when working from a mobile device. A perfect lighting scenario should eliminate any need for post work."

Freelance travel journalist @jennweatherhead concurs, "Sunrise and sunset photos are always my most liked. That golden glow gives the most incredible natural filter on any pictures. I also love the saturation of colour you get at these times."

## Tell a story

I met @marcus.mhd on a group trip to Panama a year ago. His shots of a recent trip to Botswana were mesmerizing. His tips are simple but important; look for a story and think about a message you would like to convey. He suggests you fill your frame with one clear focal point. He also says not to use the Instagram app to take your picture but use your camera or phone as they have more features.



## Shoot straight on

Paris-based freelancer travel journalist @patriciagajo loves symmetry.

"I like shooting objects by standing directly in front of them," she says. "If I'm looking at a building, I'll stand exactly in the middle of it and shoot it dead on."



## Blemishes add interest

@jennweatherhead looks for imperfections; chipped paint, crooked doorways and uneven lines. For her the flaws add character and make a photo more interesting. She always has an eye open for the not-so-perfect scene.



## Don't forget to edit

@connorremus likes to use the apps VSCO Cam, Insta-size and Boomerang.

"Most apps are mobile friendly and can include tools such as cropping, filters, airbrushing, saturation, white balance and sharpening."

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# KO in the cards for main event

UFC FIGHT NIGHT

## Lewis, Browne bring heavy hands to Halifax fight



**Adam Richardson**  
For Metro | Halifax

Don't take your eyes off the Octagon when heavyweights Derrick Lewis and Travis Browne meet in Sunday's UFC Halifax main event.

"I think there's going to be a knockout," said Lewis (17-4, one no-contest, 8-2 UFC). "I go out there to finish fights as quickly as possible and I know he does, too. I don't believe it will go to a decision and I'm going to give it my all for the fans — win, lose or draw."

Houston's Lewis is ranked eighth among UFC heavyweights, while Hawaii's Browne (18-5-1, 9-5-1 UFC) is ranked ninth. The fight was originally scheduled for last weekend's UFC 208 card in Brooklyn, but was moved to headline the Halifax event after the original main pairing of Junior Dos Santos and Stefan Struve fell through due to a shoulder injury to Struve.

While a Texan fighting a Hawaiian in the dead of a Halifax winter may seem curious, both fighters say they're ready for the Halifax crowd — and snow.

"I was excited when the fight got moved because I've been to Brooklyn before, but I've never been to Halifax," said Lewis, a.k.a. The Black Beast. "I've always



Derrick Lewis has 15 knockouts and has been KO'd twice himself in his 22-fight mixed martial arts career. HARRY HOW/GETTY IMAGES

wanted to travel to Canada and see what it's like up here. I've never seen so much snow in my life, not even in movies. My kids would love it."

Browne was in town for the first UFC card in October of 2014 when he hosted a Q&A. He has fond memories of that trip, and a fresh cut is at the top of his to-do list.

"I want to get down to Sailor Bup's and get my haircut," said "Hapa" Browne, recalling his previous visit. "I really enjoyed my time here in Canada. It's beautiful and I had a great experience meeting members of the Canadian military last time. This place is my style — it has a

smaller town feel, and I like that better than the bigger cities."

Inside the Octagon, it's clear that both men respect each other's strength. A whopping 34 of their fights have ended in a knockout victory or defeat.

Listed at six-foot-three, 260 pounds, Lewis is on a five-fight win streak. Browne is taller at six-foot-seven and 255 pounds. The Hawaiian enters this fight having lost four of six contests, but all four of those defeats were to former UFC heavyweight champions Fabricio Werdum (twice), Cain Velasquez and Andrei Arlovski.

"I've competed against the best, I've beaten some of the best," says Browne. "This is go-

ing to be a great fight. Derrick is a big, tough dude who hits like a friggin' semi-truck. But I don't exactly have pillows for hands, either, and I'm superior on the ground. I think I'm one-up on him everywhere."

Lewis agrees that this fight is a big challenge, and a great test of his current place in the heavyweight division.

And if a celebration is in order, Lewis is ready. A hilarious (but definitely NSFW) follow on Twitter, he's already searching for a donair, although he was not yet certain of the magical food's contents.

"No idea, but I'm gonna Google it," he said.



Travis Browne has 14 knockouts and has been KO'd three times in his 24-fight MMA career. REY DEL RIO/GETTY IMAGES

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# Russ and KD reunite at All-Star Weekend

NBA

## Seemingly bad blood between ex-teammates still lingers

The next time Russell Westbrook walks into a locker-room to get dressed for a game, Kevin Durant will be there and donning the same uniform.

Get ready for perhaps the best subplot of All-Star Weekend.

Russ and KD, together again.

The former Oklahoma City teammates are going to be Western Conference teammates on Sunday night when the league holds its annual All-Star Game in New Orleans. And after the Thunder went into the break by beating the New York Knicks on Wednesday night, the inevitable question was posed to Westbrook: Are you ready for this?

"I'm excited about All-Star Weekend," said Westbrook, the two-time reigning All-Star MVP. "I think in general, just being able to be there and enjoy the opportunity ... humbled by the opportunity to be there."

So the question was side-stepped.

It'll get asked to both Westbrook and Durant again — likely many, many times — over the coming days.

They've been on the same court together three times this season, Durant and his new Golden State Warriors teammates beating Westbrook and



Kevin Durant and the Warriors have beaten Russell Westbrook and the Thunder in each of their three meetings this season. EZRA SHAW/GETTY IMAGES

the Thunder all three times — most recently last weekend in Oklahoma City, when Durant and Westbrook went 1-on-1 at times and even jawed at each other a bit during the game.

This will be different. Probably awkward, too.

"I don't know," Westbrook said. "We're going to find out."

It was the breakup that shook the NBA last summer: Durant left Oklahoma City as a free agent and chose to sign with Golden State, a team that won the NBA title in 2015, went to The Finals again last season and has the league's best record this

**4**  
Four Warriors have been named all-stars: Durant, Stephen Curry, Klay Thompson and Draymond Green. Steve Kerr will coach the West.

season. The Warriors already were a super team, and then they landed another superstar.

Durant insists he tries to ignore anyone who criticized his decision.

"I define my career, at the end of the day," Durant said. "And it's pretty damn good so far."

Durant and Westbrook had great seasons with the Thunder, even getting to the 2012 NBA Finals where they lost to Miami in five games, but never were able to hoist a championship banner together.

So Durant moved on, and their relationship — whatever it was — essentially ended.

"He plays for his team. I play for my team," Westbrook said. "Let him do his thing. I do my thing. And that's it, plain and simple." THE ASSOCIATED PRESS

## SOCIAL MEDIA

## Bouchard 'for sure' going on second date

It might be love at first bet for Eugenie Bouchard.

The Canadian tennis star and University of Missouri marketing student John Goehrke, who won a date with Bouchard thanks to a wager on Super Bowl 51's winner, had such a good time during a rendezvous at the Brooklyn Nets game on Wednesday night that another romantic evening could be in the cards.

"For sure," Bouchard said when asked by a TMZ reporter if there would be a second date, as she left the Barclays Center in Brooklyn.

The Canadian considered herself lucky that Goehrke was a normal guy, considering Internet horror stories. The Chicago native praised Bouchard for going ahead with the date despite his anonymity.

"The most amazing part is that she agreed to it without knowing who I was," he said.

Bouchard made headlines

earlier this month when she made a bet with Goehrke over Twitter that the Atlanta Falcons would win the game after jumping out to a 28-3 third-quarter lead.

But Tom Brady and his New England Patriots orchestrated a historic comeback victory, winning 34-28 in overtime.

Bouchard, who documented much of the night on her Snapchat account, posted a video Thursday morning of herself opening up a gift from Goehrke, a pair of earrings from renowned jewelry company Tiffany's.

"A girl always loves a pair of Tiffany's earring," she said in the video. "Thank you, John."

TORSTAR NEWS SERVICE



Eugenie Bouchard  
GETTY IMAGES

### IN BRIEF

#### Latos joins Jays, attends spring-training camp

The Toronto Blue Jays signed right-hander Mat Latos to a minor-league deal Thursday with an invitation to major-league camp.

Latos spent last season with the Chicago White Sox and Washington Nationals. He posted a 7-3 record with a 4.89 earned-run average and 42 strikeouts.

The eight-year veteran has 186 career starts under his belt. THE CANADIAN PRESS

#### Slash on linesman nets Vermette 10-game ban

Anaheim Ducks forward Antoine Vermette was suspended for 10 games on Thursday for slashing a linesman in apparent anger after a faceoff.

Vermette slapped his stick against the back of linesman Shandor Alphonso's legs after losing a faceoff to Minnesota captain Mikko Koivu during the third period of the Ducks' 1-0 win Tuesday. THE ASSOCIATED PRESS



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# Canadians holding top spots after short program

## FIGURE SKATING

### Daleman, Moir & Virtue lead way at ISU Four Continents

Canada's Gabrielle Daleman and Kaetlyn Osmond dominated the women's short program at the ISU Four Continents figure skating championships on Thursday. Canada's Olympic ice dance champions Tessa Virtue and Scott Moir also lead after the short program.

Daleman opened her program to music from the ballet *Herodiade* with a triple toe-triple toe combination en route to a top score of 68.25 points. Her only miscue was a slight bobble on the landing of her triple Lutz.

"It was a fight tonight, but I'm happy with what I was able to accomplish and with the overall package," said 19-year-old Daleman from Newmarket, Ont. "It's been great competing in Korea for my second Four Continents and it is just so motivational and inspiring to compete in the Olympic rink."

The Four Continents is a test event for the 2018 Pyeongchang Olympics. Osmond, a 21-year-old from Marystown, N.L., fell on the landing of her double Axel and was second with 68.21 points. Elizabet Tursynbaeva of Kazakhstan was third with 66.87.

Virtue, from London, Ont., and Moir, from Ilderton, Ont., scored 79.75 points for their program to music by Prince.

"Tessa and I were pretty happy actually with our performance," Moir said.



**Kaetlyn Osmond**  
GETTY IMAGES

Virtue and Moir are undefeated since returning to competition after a two-year hiatus, and have their sights set on reclaiming Olympic gold.

"It feels extremely special to perform in this venue a year before the Games," Moir said. "We tried to soak that up as much as we could today." Defending Four Continents champions Maia Shibutani and Alex Shibutani of the United States were second with 76.59, followed by teammates Madison Chock and Evan Bates with 74.67. In pairs, Wenjing Sui and Cong Han of China finished first with 80.75 points after the short

program. While Xiaoyu Yu and Hao Zhang, also from China, were second with 75.20 points. Canada's two-time world champions Meagan Duhamel and Eric Radford were third with 74.31.

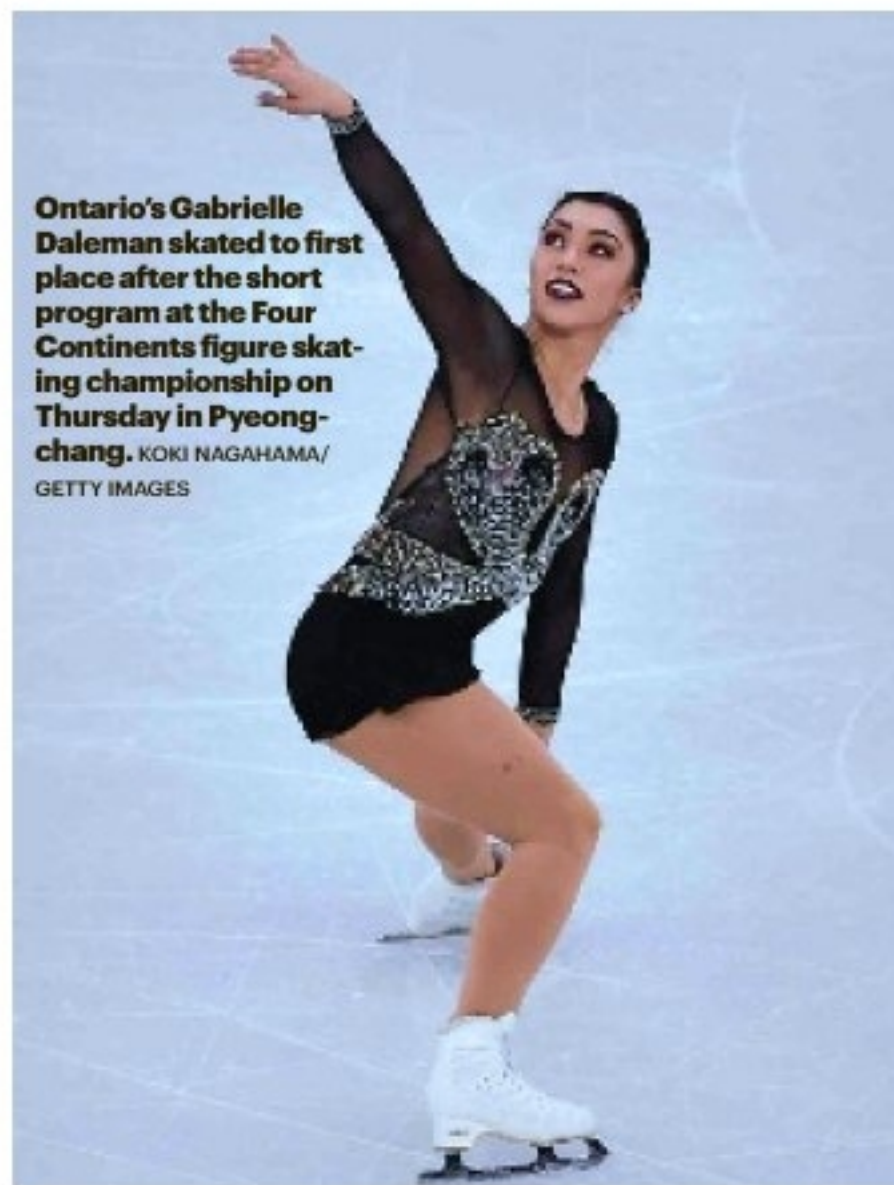
Radford, from Balmertown, Ont., fell on the side-by-side triple Lutz.

"I felt that our performance took a step up from our national championships," Radford said. "It's unfortunate about the Lutz, but it can't be perfect all the time. They've been really, really good for me for the last month. As always I'll learn from this, take that mistake and do better in the long program."

The men's short program and the ice dance free dance are on Friday. The Four Continents is a tune-up event for next month's world championships in Helsinki.

THE CANADIAN PRESS

Ontario's Gabrielle Daleman skated to first place after the short program at the Four Continents figure skating championship on Thursday in Pyeongchang. KOKI NAGAHAMA/GETTY IMAGES



## CURLING

### Carey's Team Canada relaxed ahead of this year's Scotties

Chelsea Carey returns to the Canadian women's curling championship feeling tighter with her team and oddly rested.

Among the bonuses for winning the Scotties Tournament of Hearts is an automatic berth in the next one as Team Canada. So defending cham-

pions Carey, third Amy Nixon, second Jocelyn Peterman and lead Laine Peters avoided the grind of provincial playdowns this year. The Calgary team heads to St. Catharines, Ont., for this year's event starting Saturday with full gas tanks.

"The biggest thing that's different is you don't have to win

your provincial, so you have all this time," Carey said. "That's been kind of weird, but kind of nice that it's been a little slower



**Chelsea Carey**  
THE CANADIAN PRESS

pace leading up for us."

They'll need their reserves to repeat as Canadian champions, says the skip.

"It's a long, long week and it's an absolute grind," Carey said. "I always laugh at people who say, 'You went to this town. What did you see?' I'm like, 'Nothing.' You play two

games a day and have a nap in between because you have to. You just won't survive the week otherwise."

"For sure we're coming in a little more rested than probably most of the other teams. Maybe that's a good thing, maybe that's a bad thing, I don't know, but I like it."

The Glencoe Club foursome claimed the 2016 Tournament of Hearts in Grande Prairie, Alta., in Carey's first year skipping the team. She drew to the eight-foot ring with her final shot to beat Northern Ontario's Krista McCarville 7-6 in the final.

THE CANADIAN PRESS

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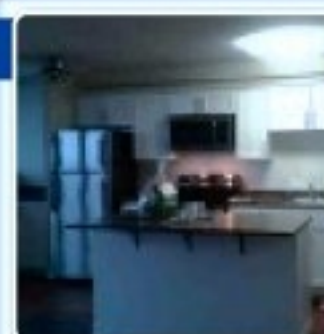
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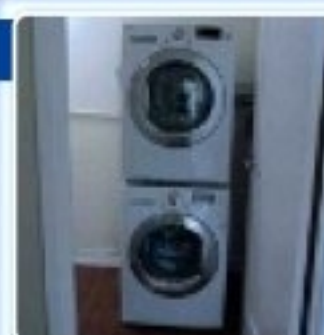
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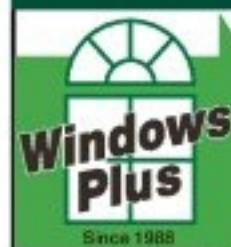

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## MAKE IT TONIGHT

## Sweet Roasted Butternut Squash and Sweet Pear Soup



PHOTO: MAYA WISNIE

**Ceri Marsh & Laura Keogh**  
For Metro Canada



This soup has a subtle sweetness that is the perfect pairing with a grilled cheese.

**Ready in 1 hour 10 minutes**

Prep time: 20 minutes  
Cook time: 50 minutes  
Serves 4

**Ingredients**

- 2 lb. butternut squash, peeled, seeded and cut into 2 inch chunks
- 3 shallots, quartered
- 3 heirloom carrots, cut lengthwise and then in half
- 2 cloves garlic
- 2 Tbsp olive oil
- 1/2 tsp salt, divided
- 3 cup vegetable broth
- 1 cup milk
- 1/2 cup apple cider or water
- 3/4 cup pear purée

• our cream or Greek style yogurt for garnish

**Directions**

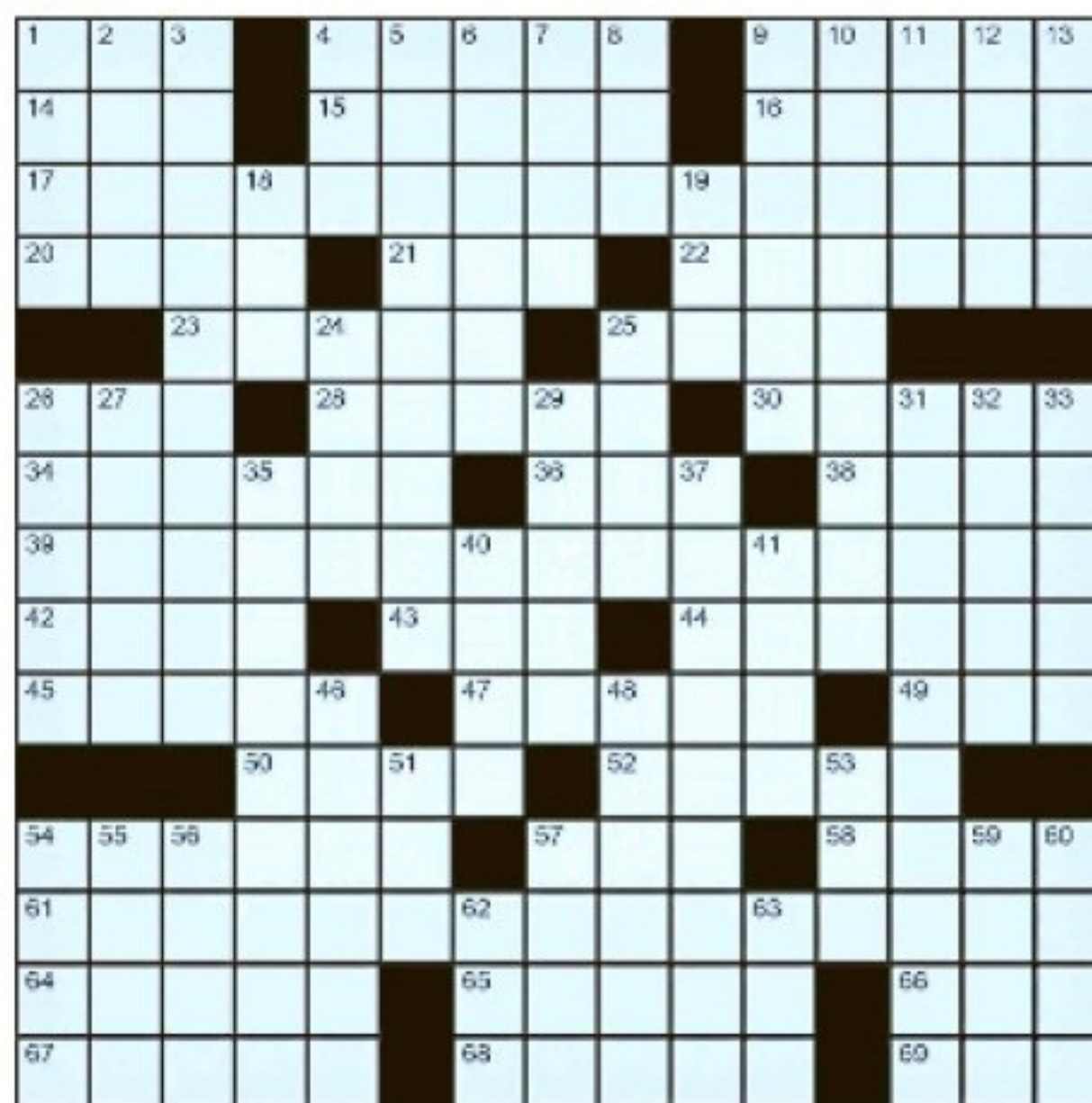
1. Preheat oven to 400.
2. Place squash, shallots, carrots and garlic in a large bowl and toss with olive oil and 1/4 teaspoon salt.
3. Spread vegetables in a single layer on a large, rimmed baking sheet and roast 50 to 55 minutes, or until fork tender. Let cool.
4. Place vegetables and 2 cups of vegetable broth into a blender and purée until smooth. Pour into a large saucepan over medium-low heat and stir in remaining broth, milk, water or apple cider, pear purée and remaining salt. Cook about 10 minutes, stirring occasionally.
5. Serve with Greek style yogurt or sour cream.

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## CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

## ACROSS

1. Ms. Reinking of "All That Jazz" (1979)
4. Fossil resin
9. Dairy products brand, \_\_\_ Lakes
14. Ski-\_\_\_
15. Debonair
16. Tree variety
17. OWN series: 2 wds.
20. Quasi
21. Chicago's li'l state
22. Fashion designer Bob who created costumes for "The Carol Burnett Show"
23. Mr. Baldwin's
25. Ballroom dance, \_\_\_ Doble
26. Li'l Florida city
28. Fashion sense
30. Get energized: 2 wds.
34. Sharpen up on sharpening skills
36. "\_\_\_ Haw"
38. Celtic language
39. Modernist painters based in Montreal in the Jazz Age: 3 wds.
42. Jazz vocalist Ms. Anderson
43. "\_\_\_" for Manitoba
44. Daunt
45. Fork-tailed sea birds
47. Less dangerous
49. Chicago trains
50. Gangster groupings
52. Castaway's new home
54. Like bits of salt
57. Paul McCartney & Wings song
58. Mr. DeLuca-Ta-



masi, Design Expert on "Cityline"

61. 1979 Neil Young & Crazy Horse album: 3 wds.

64. Merge

65. Sort of tie

66. Stage actress Ms. Hagen

67. Rolling Stones:

"\_\_\_ of Burden"

68. Submachine guns of WWII

69. Initials-sharers of the star of "Carrie" (1976)

## DOWN

1. Hubbubs
2. Slangy negative

3. Shampoo category: 2 wds.

4. Fireplace's swept up residue

5. Adagio or Glissando or Pizzicato: 2 wds.

6. Gutsy

7. Malefic

8. TKO caller

9. 'The house', in

Spain: 2 wds.

10. Everybody taking part in the event

11. Fargo, \_\_\_

12. Lucille's love

13. "The '\_\_\_' knows above a bit..." - Rudyard Kipling

18. Gaspé 'garlic'

19. Overseas MTV hon-

our [acronym]

24. Medieval labourer

25. Orange's covering

26. William \_\_\_ (British remixer/music producer)

27. "Superman" (1978) star Christopher

29. Tibet's capital

31. Greek Myth: Titan who gave mankind fire after stealing it from Mount Olympus

32. Regular

33. English diarist, Samuel \_\_\_ (b.1633 - d.1703)

35. Holding hot roasters helpers: 2 wds.

37. Greg on "The Brady Bunch": 2 wds.

40. Angry cat's warning

41. "\_\_\_ Interrupted" (1999)

46. 14-line poem

48. Cutthroat

51. "Cheerio."

53. 'Legal' suffix

54. Chuck wag-on food

55. Old Scandinavian symbol

56. Laos' location

57. "Why surely you \_\_\_"

59. High-rise dwellings, for short

60. "That \_\_\_ it should be."

62. "\_\_\_" in Vernon

63. Fire dept. ranks

## ★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
Take care of banking details and red tape issues like inheritances, taxes, debt and insurance matters today. It will feel good to get some of these things out of the way.

**Taurus** April 21 - May 21  
Today the Moon is in a sign that is opposite from Taurus, which means you have to cooperate with others. This simply requires some tolerance and patience. No biggie.

**Gemini** May 22 - June 21  
Because you want to get better organized today, set aside 20 minutes to tidy up your workspace or where you live. Even a little effort will make you happy with the results.

**Cancer** June 22 - July 23  
Set aside some time today to play and have fun. Enjoy sports events, playful times with children or perhaps a fun flirtation. You need a break today!

**Leo** July 24 - Aug. 23  
Home, family and real estate will be your focus today. Perhaps a conversation with a female family member (especially a parent) will be important.

**Virgo** Aug. 24 - Sept. 23  
You have a strong need to talk to others today. You don't want to have superficial chitchat. You want to know what's happening, and you want to share your own experiences as well.

**Libra** Sept. 24 - Oct. 23  
Money, cash flow or something to do with a possession that you own will be your focus today. When it comes to money and finances, information is power.

**Scorpio** Oct. 24 - Nov. 22  
Today the Moon is in your sign, which will make you more emotional than usual. This is why you might overreact when talking to others. Keep this in mind.

**Sagittarius** Nov. 23 - Dec. 21  
Today you will prefer to be low-key and work behind the scenes or alone. Some days we like publicity; some days we don't.

**Capricorn** Dec. 22 - Jan. 20  
A conversation with a female acquaintance will be important today. Perhaps you'll want to share your hopes and dreams for the future with someone.

**Aquarius** Jan. 21 - Feb. 19  
Personal details about your private life will become public today. This is because you are having a moment that is high-viz, especially in the eyes of bosses and VIPs.

**Pisces** Feb. 20 - March 20  
Do something different today. Shake up your routine to satisfy your urge for a little adventure. You also want to learn something new

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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